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## Pediatric Health History Form

NAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

AGE: \_\_\_\_\_

Your relationship to patient: \_\_\_\_\_

Patient's previous doctor/primary care provider:

Referred by: \_\_\_\_\_

Present health concerns: \_\_\_\_\_

Medications/vitamins: \_\_\_\_\_

Herbs/home remedies: \_\_\_\_\_

Allergies/reactions to medications or vaccinations:

### PREGNANCY & BIRTH

Where was the patient born? \_\_\_\_\_

Is the patient yours by:  Birth  Adoption  
 Stepchild  Other: \_\_\_\_\_

Any medical problems during pregnancy:

No  Yes, specify: \_\_\_\_\_

Delivery by:  Vaginal birth  Caesarean section

If Caesarean, why? \_\_\_\_\_

Birth weight: \_\_\_\_\_ Birth length: \_\_\_\_\_

Gestational age: \_\_\_\_\_

If premature, how early? \_\_\_\_\_

Group B Strep:  positive  negative

Any medical problems during the newborn period:

No  Yes, specify: \_\_\_\_\_

Other problems: \_\_\_\_\_

### NUTRITION & FEEDING

Was the patient breastfed?  No  Yes, how long? \_\_\_\_\_

Has the patient had any unusual feeding/dietary problems?  No  Yes, specify: \_\_\_\_\_

Type of Milk/Formula:

Soy milk  Rice milk  Goat's milk

Cow's milk:  Nonfat  1%fat

2%fat  Whole

Average ounces per day: (Note: 8 ounces = 1 cup) \_\_\_\_\_

Formula: \_\_\_\_\_

How much? \_\_\_\_\_ How often? \_\_\_\_\_

### SLEEP

Hours per night: \_\_\_\_\_

Naps: How many per day? \_\_\_\_\_ How long? \_\_\_\_\_

Any sleeping problems? \_\_\_\_\_

### DEVELOPMENT

At what age did the patient:

Sit alone: \_\_\_\_\_ Walk alone: \_\_\_\_\_

Say words: \_\_\_\_\_ Toilet train (daytime): \_\_\_\_\_

Girls only: Age at first menstrual period: \_\_\_\_\_

### DENTAL HISTORY

Has the patient been seen by a dentist?

No  Yes, how often? \_\_\_\_\_

Date of last visit: \_\_\_\_\_



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**IMMUNIZATIONS/INFECTIOUS DISEASES**

\*Please bring patient's immunization record to appointment

Has the patient had any of the following diseases:

- Chickenpox     Measles     Mumps  
 Rubella     Meningitis     Tuberculosis (TB)
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**EXPOSURE**

Are there any concerns about lead exposure?

(i.e. old home/plumbing/peeling paint)     No     Yes

Do any household members smoke?     No     Yes

If so, do they smoke inside the home?     No     Yes

Are there any pets in the home?

- No     Yes, specify: \_\_\_\_\_
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**ACTIVITY/HABITS**

Sports/exercise: Type \_\_\_\_\_

How often? \_\_\_\_\_ How long (minutes)? \_\_\_\_\_

TV: hours per day? \_\_\_\_\_

Computers: hours per day? \_\_\_\_\_

Video games: hours per day? \_\_\_\_\_

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**PAST MEDICAL HISTORY** (\*Please include dates)

Please describe any major medical problems? \_\_\_\_\_  
\_\_\_\_\_

Hospitalization/operations: \_\_\_\_\_

Broken bones or severe sprains: \_\_\_\_\_

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**SCHOOL HISTORY**

Did/does the patient attend school or preschool?

- No     Yes

Current grade: \_\_\_\_\_

Name of school: \_\_\_\_\_

Any concerns about school performance?

- No     Yes, specify: \_\_\_\_\_

Any concerns about relationships with:

Teachers?     No     Yes, specify: \_\_\_\_\_

Peers?     No     Yes, specify: \_\_\_\_\_

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**FAMILY HISTORY**

Please list any deaths of immediate family members:

\_\_\_\_\_  
Please list family members with any of the following conditions: (grandparents, parents, aunts/uncles, siblings)

Heart disease \_\_\_\_\_

High blood pressure \_\_\_\_\_

High cholesterol \_\_\_\_\_

Stroke \_\_\_\_\_

Bleeding or clotting disorder \_\_\_\_\_

Asthma/COPD \_\_\_\_\_

Diabetes \_\_\_\_\_

Alcoholism \_\_\_\_\_

Depression/suicide \_\_\_\_\_

Cancer, specify type \_\_\_\_\_

Genetic disorders \_\_\_\_\_

Other \_\_\_\_\_

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**SOCIAL HISTORY**

Who lives at home?

Name	Relationship	Age	Highest Education Level
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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are the patient's parents:

- Married     Unmarried     Separated     Divorced

If divorced or separated, when? \_\_\_\_\_

Mother's Occupation \_\_\_\_\_

Mother's Employer \_\_\_\_\_

Father's Occupation \_\_\_\_\_

Father's Employer \_\_\_\_\_

Child care:     Parents

Other: \_\_\_\_\_ How often? \_\_\_\_\_

Any concerns about:     Alcohol use     Tobacco

Sexual activity     Aggressive behavior

Is violence at home a concern?     No     Yes

Are there guns in the home?     No     Yes